

We Love Food

That is why we cook our food fresh to order. Please be aware that during peak times there may be delays. Please bear with us.

SAUNDERSFOOT HARBWR BAR & KITCHEN

Live Music
Every Saturday Night
9pm
Free Entry

.....Fresh Fish.....

*All of our fish is fresh & subject to availability.
Please enquire with a member of staff before making your mind up*

.....Lobster.....

Subject to availability / Please pre-order to avoid disappointment

Half £24 / Whole £45

Choose either simply grilled, garlic & herb butter or thermidor

Served with buttered new potatoes & salad (GF)

Choose your fish ...

All served with buttered new potatoes, seasonal greens & a choice of sauce (GF)

Sea Bass

.....1 Fillet £16 / 2 Fillets £21.....

Hake

.....£16.....

Salmon

.....£15.50.....

Mackerel

.....£13.50.....

To accompany your fish ...

- Seaweed Butter
- Red Pesto Butter
- Creamy Clam, Sweetcorn & Caper sauce
- Fresh Tomato Salsa

.....Some of our other favourites.....

Saundersfoot Seaside Tacos, battered fish of the day served in 3 soft shell tacos, finished with slaw, leaf, sweet chilli & a lemon & garlic sauce

£13.50

Moules Mariniere, live Gower mussels served in a classic mariniere sauce with rustic bread (GF)

£7.50 / £14.00

Caldey Island Crab Salad, a whole dressed crab served with buttered new potatoes & house salad

£16.00

Mackerel Salad, a butterflied & grilled mackerel served with buttered new potatoes & house salad (GF)

£13.50

SAUNDERSFOOT
HARBWR
BAR & KITCHEN

..... *Wine Specials*

Riptide Chardonnay

USA, California, 13%

Unoaked and layered with citrus and orchard fruit flavours. A silky-smooth wine that cries out for seafood and chicken dishes.

... £16 ...

Rose D'ete

PAYS D'OC France, 12%

A pale pink blend of Grenache and Cinsault grapes. On the palate, this wine is lively with aromas of raspberry.

... £21 ...

Jean Julien Cabernet Sauvignon

PAYS D'OC France, 13%

The qualities of the Cabernet Sauvignon grape gives this wine an aromatic expression which is dominated by ripe fruits.

... £16.50 ...

Seven Fires Malbec

Mendoza, Argentina, 13%

Notes of luscious blackberry, cherry and plum, complemented by subtle hints of violet and sweet spice on the silky smooth palate.

... £22 ...

Akau Pinot Noir

Marlborough, New Zealand, 12,5%

Fruit-driven with plum, black cherry, anise and spicy aromas. A medium level of soft, ripe tannins provides a silky texture.

... £23 ...

..... *Spritz Drinks*

Cointreau Spritz

Cointreau, Prosecco, Orange Juice, Soda

Aperol Spritz

Aperol, Prosecco, Soda

St. Germain Spritz

St. Germain Elderflower Liquor, Prosecco, Soda

Chambord Spritz

Chambord, Prosecco, Soda

Gin Spritz

Hendericks, Prosecco, Simple Syrup, Soda

..... *All £8*